

# #112 Thankful For A Not So Average Life

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## SUMMARY KEYWORDS

average, life, wrote, julius, moment, speaking, grateful, educating, simplified, instagram post, striving, live, year, simply, week, podcast, recording, mind, thankful, work

## SPEAKERS

Michelle Glogovac

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**M** Michelle Glogovac 00:01

You're listening to the mice simplified life podcast and this is episode number 112.

**M** Michelle Glogovac 00:12

Welcome to the mind simplified life podcast, a place where you will learn that your past and even your present. Don't define your future. Regardless of what stage of life you're in, I want you to feel inspired and encouraged to pursue your dreams, simplify your life and start taking action today. I'm your host, Michelle Glogovac, and I'm excited to share my stories and life lessons with you will taking you on my own journey. This is my simplified life.

**M** Michelle Glogovac 00:46

Hey friends, welcome back to another episode. I'm your host, Michelle Glogovac. Last week, I was interviewed by Lori Wright for her podcast, not your average lives, which will air November 29. And prior to the interview, she asked me what it means to me to not live an average life and how I'm doing that. I had submitted my response. But by the time we recorded, I had forgotten that she'd be asking me that question. She said that she was struck with what I'd written and asked if she could quote me, I've got to be honest with you guys. Oftentimes, I write something. And when I go back and read it, I don't recall writing those words. I do this all the time with my Instagram posts. I plan them out right along caption and when they go live in my feed, I actually wonder who wrote it, I get into some kind of zone and when the words flow, they simply come out and get written. But I don't actually remember writing those words. This is all to say that when Laurie said she wanted to read what I wrote to her audience, I truly wasn't sure what was going to be said. So here it is. Living a not your average life to me means doing more than is expected. It means speaking up making an effort to actually be the change the world needs, and not being afraid of ruffling feathers along the way. I'm exemplifying that by not only educating myself on important topics, but speaking up for them and educating my children on them as well. If it makes someone uncomfortable, I'm okay with that. Because these are discussions we need to have. We both sat for a moment in silence because yes, even I was somewhat impressed with what I'd written. And I wholeheartedly believe in the words that I wrote. I once wrote an Instagram post about not wanting to be average and live for the

weekend after hearing a song that a friend of mine told me about Living for the Weekend, means that those other five days of the week are mundane, unfulfilling and just blah. I don't want that for myself. And I don't want that for you either. I looked up the definition of average, and words that came up include mediocre, not very good second rate uninspired. This isn't to say that I think you have to make a huge grand gesture in order to live and not so average life. But I do think you need to work towards something whether it's being a better human being following a passion project, speaking up for what you believe in making a greater effort in any aspect of your life. Any of these things is going to set you apart from so many other people who are simply getting out of bed every day, going to work, doing their household chores, and basically rinse and repeating every day.

M

Michelle Glogovac 03:40

As I'm recording this episode, it's also the morning of the potential execution of Julius Jones, I say potential because there's still time as I'm recording, that the governor of Oklahoma could stop it from happening as he should. Julius has been on my mind, his mother and his daughter have been on my mind. And in fact, I woke up thinking about him this morning. I'm but one person in this world. And yet I know that I can at least say his name and post about him and what is going on to bring awareness to it, to try to get others to just sign a petition, pick up the phone, if they have a moment to open their eyes to what is going on in our country, while the rest of us are going about are normal days. To me, that's not average. And here's why. Because most people won't take that moment to post about Julius or say his name, or even read what his story entails. This is just one example of how you can be different. You don't have to follow the plight of others, but you should find something you believe in and start talking about it. I've said before that if people stop listening to me or following me because of what I believe in, and that's okay, I'm not for everyone. You're not for everyone. But I am learning day by day, what I believe in what I want to stand for, and the difference I want to make in this world. If we collectively did this, and it would no longer be just one person who is speaking up. Imagine for a moment, an entire world of above average people, people who went out of their way to make a difference for others, and to do their best to make our world a better place to live in. All of this, to me, is what it means to not be average. I think we all have it in us to do better, be better, and simply love more. It's Thanksgiving week, we're moving towards the end of another year. And all this means many of us are setting goals and intentions for 2022. And reflecting on 2021. We're looking at what worked and what didn't, what we accomplished and what we're grateful for. High for I am Grateful to live in a world where I can speak my mind. And also to have the opportunity to be educated on issues from all sides. This is certainly not something that is average by any means. I'm grateful this year for really discovering my voice and the ability to share it. I launched this podcast over two years ago, in the hopes of sharing a bit about myself with all of you. I've certainly done that. But I've done so much more for myself. In the past year, I've listened, I've learned and I've spoken out. I'm grateful for believing in myself and striving to be not so average. I want to keep stretching myself, to keep sitting in the uncomfortable moments and feelings and learning how to not only deal with them, but to grow and learn from them. And if I can help someone else be not so average in their thinking, then I've done more than I could ever hope for. I'm thankful for so many things this year, especially our health and the fact that we've gotten through the past almost two years, that my kids are now both vaccinated, that distance learning is behind us Fingers crossed. And then I took my own advice years ago to simply start doing something of my own, and to allow it to grow and flourish as my children grew and started school. I'm thankful for the people who have come into my life, especially in this past year who have truly changed it, who have helped me make me a better person and who believe in me. None of these things are average by any means. And the fact that we are all living our lives right at this very moment in such unprecedented times is far from average. Friend, you aren't average, you are something very special. And there's immense beauty in that. As you enjoy some time off this week, use some of it to think about how not so average you are, how not so average your life is and what else you'd like to be doing to uplevel it. Last but not least, I'm so very grateful for all of you for listening weekend and week out for supporting me reading

the show, sharing it with your friends, and for doing all you can to make our world a better place to live in. Thank you from the bottom of my heart. Until next week, keep striving for more. Be thankful for all that you are and all that you have. And enjoy your pumpkin pie