

#115 How I Read 35 Books In 2021

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SUMMARY KEYWORDS

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SPEAKERS

Michelle Glogovac

M Michelle Glogovac 00:01

You're listening to the mice simplified life podcast and this is episode number 115.

M Michelle Glogovac 00:12

Welcome to the my simplified life podcast, a place where you will learn that your past and even your present. Don't define your future. Regardless of what stage of life you're in, I want you to feel inspired and encouraged to pursue your dreams, simplify your life and start taking action today. I'm your host, Michelle Glogovac, and I'm excited to share my stories and life lessons with you will taking you on my own journey. This is my simplified life.

M Michelle Glogovac 00:46

Hey friends, welcome back to another episode. I'm your host, Michelle Glogovac, the gear is wrapping up. And one of the goals that I had set for 2021 was to read more books. I'm an avid reader. I've always loved reading books. Even as a child Hello, baby sitters club set, I'm talking about you, I had a closet full of books growing up. And my home is currently filled with books. Literally, we have a wall of books. And it would be a dream come true to actually have a dedicated library in my house. In 2020, as COVID hit and everyone was talking about all of the shows, they were binge watching and the books they were reading, I felt like I just was doing something wrong. Life seemed to be the status quo since I had already worked from home and had my kids at home. So being at home really brought me no additional free time at all. For 2021, I wanted to have a goal of how many books I would read. I'd never done this before. I thought maybe I could go through to in a month. So I set the goal at 25. And I thought that was really, really high. And it is, as the year started. So did my reading. I usually had a book to read for a podcast interview at all times. And then I also love to enjoy a fiction book. I am someone who can't read How To books of any sort before falling asleep. They make my mind start to run a million miles a minute. And then I want to take notes. And there's simply no way that I can fall asleep if I'm thinking that much. So I read my entertaining fiction books before I fall asleep. But when does that leave me time to read the nonfiction books. Well, it's easy. Remember how I sit

in the dark hallway every night while my kids fall asleep. That's when I read. I'll also read while they're sports on TV that I'm not interested in. Or if the kids are watching TV, I'll sit on the couch and be present. But I'm totally allowed to read a book while being there. Recently, I also started taking a note from Tanya Dalton and I've started bringing my book or Kindle with me to school pickup. If I don't have emails to answer, I'll read for 10 or 15 minutes. I love this so much that for school drop offs, I now have my son bring a book and he'll read to us in the car before school. Not only does it keep them entertained, but it also means one less thing he needs to do for homework when he gets out of school. It's a total win. Funny thing is that I've always said I was someone who could only read one book at a time. And yet this year, I found myself reading a minimum of two at once and sometimes up to four books at one time. As I record this, I'm in the middle of my last two books of the year or so I think one is a fiction book by Sophia consola, her new one and I'm reading it with my friend Karen. The other one is JK Rowling's the Christmas pig that I'm reading to the kids before Christmas. This will bring my total to 35 books this year. I know some people who have read a ton more. And it really amazes me. But I have to say I'm pretty darn proud of myself for being able to fit this into my life. Books are a magical thing that you can learn from or be entertained by. And I should also add that I read all of these books, I didn't listen to an audio book. And I've actually never listened to an audiobook. I've seen controversy over on Twitter about whether listening actually counts as reading. And I believe the consensus was that yes, it does. But I've never done it. So I'm going to plead the fifth on it. I also didn't count all of the books that I've read with the tiny humans and we read a book or more every single day.

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Michelle Glogovac 04:35

I've decided for 2022 I want to keep my goal around 25 Because I don't want to put more pressure on myself. Now. I do love goals, as you all know, and I want to exceed them. But we'll keep it at 25 Just because and hopefully I'll go beyond and crush them. If I set a better bigger goal, then obviously I'm going to have to reach that bigger goal. I've already gotten a number of books downloaded and in the queue on my bookshelf, and I know that there are more launching next year that I also want to read. Reading is a priority for me. It's also something that relaxes me, and that I do every night before I fall asleep. If you're as passionate about reading as I am, then make it a priority for yourself. Carry your book around with you read it during the five minutes who have waiting for the kids, or while you're waiting for the water to boil for the pasta. Honestly, I will read my book while I'm making pancakes on the weekend waiting to flip them, no joke. Take advantage of those little pockets of time. In the shownotes. I'm going to add a link to the list of books that I've read this year. There wasn't a single bad one. So go find one that stands out to you indulge yourself. Make it a goal to read a book a month next year, whether for fun or education. A book is a great escape. Until next week, friends stick your nose in a book, learn something new and escape to a new place.