

#153 Finding Love & Launching a Media Empire with Zibby Owen...

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SPEAKERS

Zibby Owens, Michelle Glogovac

M Michelle Glogovac 00:01
You're listening to my simplified life podcast and this is episode number 153.

M Michelle Glogovac 00:12
Welcome to the my simplified life podcast, a place where you will learn that your past and even your present. Don't define your future. Regardless of what stage of life you're in, I want you to feel inspired and encouraged to pursue your dreams, simplify your life and start taking action today. I'm your host, Michelle Glogovac, and I'm excited to share my stories and life lessons with you will take you on my own journey. This is my simplified life.

M Michelle Glogovac 00:46
Hello friends welcome back to another episode. I'm your host, Michelle Glogovac. I am so excited for today's guest. She's an author podcaster publisher, entrepreneur, book influencer answer and mother of four. She's none other than Zippy Owens, host creator of moms don't have time to read, author of book ends, the publisher Zibby books and so much more the list goes on and on. So for someone who doesn't have time to a bunch of other things, she's made time to launch a career when she turned 39. And then some we actually both launched our podcasts in 2018. And she has taken off to create what I would call an empire Zibby Owens media. I had a client introduce me to who's Libby is about a year ago. And Zibby's podcast has authors that she interviews and she reads their books. And this is something that goes on daily. So I was totally intrigued on how she manages to get through these books. And then I picked up Zibby's own book, book ends, which was released in July. It is the story of her life ultimately, and a lot of losses that she's endured. But she allows you to see into her love life and how she fell in love with her husband, Kyle. And it's a great story, it starts off with him being her son's tennis coach. And then it evolves into what is now a terrific love story. She shares their journey of falling in love and what that was like, because at the time Libby was married with four

children. And so this wasn't something she was looking for. But ultimately, and you're going to hear from her and hear the smile in her voice. When she shares that finding and meeting Kyle and experiencing this kind of love. This wasn't something that she thought was possible at age 39 with four children. But it was and it is. So I'm excited for you to hear Zibby's story from her. And to just get this insight as to what it's been like to launch this new business that she never intended to launch, but how fulfilling it's become, and how hopeful any of us can be to launch something new and exciting. Whether it's a business or falling in love once you hit 40 and later, because life is certainly nowhere near over when you hit 40. Hi, Zibby

Z

Zibby Owens 03:26

Hi, Michelle. Thanks for having me.

M

Michelle Glogovac 03:28

Oh, thank you so much for being here. I am so excited. We're excited. And yet we're both getting the news of Queen Elizabeth. So it's like a downer. But we're gonna cheer each other up, I think.

Z

Zibby Owens 03:40

Yes, exactly.

M

Michelle Glogovac 03:42

Can you take a moment to introduce yourself to everybody, please?

Z

Zibby Owens 03:45

Sure. I'm Zibby Owens, and I am the host of the podcast. Moms don't have time to read books, which ended up enabling me to go into all these different areas. I never thought I would do like starting a publishing company, clubs, books, and we're launching a magazine. And I have a book club and I don't know so many other things. And I'm an author, and I'm an author, sorry. And I've edited two anthologies. I wrote a children's book called Princess Charming. My memoir begins memoir of love loss and literature came out on July 1, and I am writing a novel that I hope I can finish by March.

M

Michelle Glogovac 04:24

You'll do it. I have faith in you because I'm writing my first book. And when you sit down like I know you're sitting down and doing it for like five hours at a time you will crank it out. It's just a matter of stopping all the other things we're doing but yes, yeah.

M

Michelle Glogovac 04:41

I when I picked up your book, I had no idea that we both launched stuff in 2018. So I felt very connected and yet slightly disappointed that you had gotten so much further than I have.

Z

Zibby Owens 04:54

Oh, please, it's it's just been crazy. I don't even I remember when I started. I was researching got these other podcasters I was like millions of downloads, how on earth are they doing that, like how I don't even know.

M

Michelle Glogovac 05:08

And yet it happens, I'm always amazed that people are listening. And that's what makes me keep going. I'm like, Oh, we're hitting, you know, there was like 10,000, it was slow growth, and then all of a sudden was like, 20,000, holy crap, there was 30,000. It just all of a sudden it happens, and you keep going. And I do mine for selfish reasons, like getting to meet you. This is I'm live for I don't care who's listening, I get to talk to Libby and this is the highlight for me. So what is it that you love most about the podcast? What does it give you?

Z

Zibby Owens 05:39

It's the same thing. I love doing it. I love my conversations with the authors and getting to know them. It's amazing. It's like, it's also the only time where I can just focus on one thing. Right, no interruptions, no phone, no kids, like everyone actually respects when I'm on a podcast and doesn't bother me. That funny, right? I don't know why I should just lie about it. But I don't. But anyway. And I get so much out of the connection with other people. Like, I don't go out to coffees that much anymore with friends, because now I'm so busy with podcasts, everything else. But I feel like you were saying you feel like we're friends already. Because you read my book. And I really do feel that sense with a lot of people whose books I read, and, and even people who've read my book. So there's just something so wonderful about having these conversations and getting to know people as a grown up. And people all over the world, all different types of people. It's It's amazing. I learned stuff every day. I love the books. It's a dream job. It's a total dream job.

M

Michelle Glogovac 06:44

You took the words out of my mouth, because I actually put down notes. I usually don't do notes before an interview. But I have in my head, you know what I want to talk about. And in my notes, it says talk about how she created a dream job for herself. Because to me, I am a book lover through and through when I was a young and I had all the teenage Babysitter's Club books, you know, I was always reading my daughters the same way, I'm still the same way. But now I've picked up that I can read two or three books at a time, which baffles me because a year or two ago, I would have never said that. And then to get to talk to the authors. It's, to me that's like a celebrity thing. You know, no matter who it is, I think that putting so much love and

time and effort into a book is such an incredible thing. And to write more specifically novels and fiction, that baffles me, I because I can write my own personal story, no problem. But those who are able to create characters and follow them and storylines. That blows me away.

Z

Zibby Owens 07:46

Yeah, I don't even know how I'm trying to do that myself. The characters are coming easily, the dialogue is so easy. It's just the plot thickens. No, I have so much respect for authors. I just like idolized them, i i And for so long, I think about my whole life and all the books that have marked my journey here on this planet, right. And these leaders there, they've been leading the way for me, all of these authors and to have a chance to talk to them all in person, and have my whole life sort of revolve around what I can do to help authors what they're like, you know, getting to know them. It's It's amazing. And authors are so much more accessible than I ever imagined. I mean, I used to write letters as a kid to select authors like fan mail, and, like now on Instagram or email like authors are there, they're desperate for people to know, I'm kidding. But, you know, a note from a breeder loved your book is like the greatest thing. So And isn't

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Michelle Glogovac 08:56

that funny? Because I'll have people ask me, Well, how did you get, you know, so and so on your podcast? Like? Well, I asked, you know, how did you get the book? I asked. It's purely as simple as that, because authors want to have these conversations and get their names out there. That's what I love most about podcasts too. Yep. Let's talk about your book. Because I you share everything. And I feel like you you really put yourself out there by sharing your love story. And it's so sweet. And I will admit, so I am a stalker. Everybody who knows me all my clients know I'm a stalker. So I did some Google Image shirts searches on you. Okay, and your smile today is genuinely just a bigger, happier. There's a difference in you. And so obviously, you made the right choice with Kyle and I just wanted to say that because I did stop. I looked you up.

Z

Zibby Owens 09:55

Actually, so many people told me when I had gotten together, Kyle, that they've never seen me so happy that finally Kyle I mean, he's like, What did you used to look like? And I was like, I don't know. And I literally, like started pulling out these photo albums to be like, what did I look like before, you know, so

M

Michelle Glogovac 10:16

you look so happy. But there was some there's a glow, there's certainly a glow and to have gotten to read your love story. I mean, that's so personal, that, you know, most people don't share in such a way that's truthful. And you're like, here's how it was, this is what happened, I fell in love with my tennis coach. And it's working, it's working out beautifully. You both look so happy. And I love that. What made you want to share all of this.

Z

Zibby Owens 10:46

Um, what made me want to share all of this, the love story part, I think I wanted to share that part the most, because I didn't think I'd ever have this at this point in my life. Um, I fell in love again at age 39. And I kind of thought my life was set for good. And when I had gotten together with Kyle on our very first vacation, we went to Puerto Rico. And I was at the s'mores station because I loved making s'mores. And it was me and all the kids with their parents. And you know, me, and this mom was there. And she was so stressed out with her kids, her husband wasn't helping the kids were like screaming, she was so disheveled and exhausted. And I was like glowing, and so happy and like couldn't get my hands on Thailand, whatever. And she like looked over at me. And she was like, What I wouldn't give for just one minute of that. And I was like, no, no, you don't understand like this. I'm like more like you. Yeah, this just happened to me. So I think I shared it to say that we only live once. And I'm not saying I advocate divorce for everybody. But I think in certain situations, it's important to keep in mind that, that you don't always have to stay in the situation, if it's not the right situation for you, and that there is an alternate path, no matter how difficult it might be. So I just wanted the people who needed to hear that. To hear that.

M

Michelle Glogovac 12:19

Well, I think it also needs to be said that it's beneficial for your children in a way I know that divorce is not beneficial for children might my husband has been divorced. And I've got two step kids. So I've seen what divorce does to two children. But I also see what it does to show them what two people who love each other. Our friends want to be together get along looks like as well. And how to set that example. And to show them that you deserve happiness. You deserve love. You deserve to live your life sets the example for them not to you know, live in a life that they think they're stuck in when they grow up.

Z

Zibby Owens 12:59

Yeah. Yeah. And knowing you know, it's hard to know necessarily when you're in your 20s What's right for you forever. Oh, yeah, I haven't you know it, what are the odds you actually find it just like,

M

Michelle Glogovac 13:11

we shouldn't do anything in our 20s on. Now that I'm in my 40s I'm like, You shouldn't choose a career. You shouldn't choose a life partner. Because you grow and I remember somebody telling me this, you grow the most in your 20s. And it's so absolutely true. That I think in my 30s is when I was like, oh, okay, this is starting to make sense. Now that I'm in my 40s. I'm like, oh, yeah, okay. Yeah, we got this. Yeah. So yeah, I completely agree with that.

Z

Zibby Owens 13:40

No, I was married by 28. I had kids, I had twins by 30. I don't know. I know. It's not that young. But now I'm like, How did I do all that person, I have the energy, I can bend with that

everything cracking and whatever. But anyway,

M Michelle Glogovac 13:54

well, and then in the book, you also share about what it was like to raise your kids be, you know, the fully present stay at home mom, where you were doing a million things you didn't, I was getting tired reading all the things that you were doing. And running around. You know, and to realize, later on that there's something more free to do that there's this podcast, there's a publishing company, which is so exciting and takes everything to a whole new level, in my opinion. You know, what, when did that transition happen that you were like, oh, you know what, maybe being a stay at home mom just isn't everything once again, there's something more for me.

Z Zibby Owens 14:37

Yeah, I mean, it happened after I got divorced. And I had free time again to remember even who I was. had every other weekend for a long weekend dessert arrangement. And I had time to read and write and sleep and think and try to figure out sort of part two of life and I didn't mean I didn't know it would lead to all this. I don't know So I was just trying to sell a book at first I just wanted to sell a book, my, you know, I've been trying to sell a book for so long it'd been my life goal. And I didn't have a platform or anything like that. And so I had to get on social media. And they were like, someone was like, start a podcast and whatever. I had no idea. It's amazing. What has I was just presenting to, like, 30 salespeople for my podcast network that I that like the people who sell my ads. And like telling them my whole story, which even though I've been working with them for a long time, I had never really presented myself and, and I'm like, It's it all my whole life is thanks to this podcast. It's so crazy. But I never I didn't start it thinking it would ever lead to anything like that. My goal was that I would just get listeners, but like, it didn't occur to me that all these things would just, you know, it's like a carpet unfolding. Like I just, I can't see at the end of the carpet, but I always can see, just like what I need to do next. And I just keep following it along.

M Michelle Glogovac 16:02

And what point did it did the red carpet start to roll? And how far were you into the podcasts that you were like, Oh, shit, this is this is gonna be something big.

Z Zibby Owens 16:15

A couple months after I started, actually, not even a couple of months, a couple of weeks after I started it, I had Danny Shapiro on as a guest, and the author. And she mentioned that I should consider doing some in person salons, like in my apartment that other people were doing that. And it was really fun when she had been a guest at those and she would be happy to be a guest. So I had my first salon with her and I did a book fair. And that is when I knew that I had something like really exciting going on when so many people showed up and bought books and my living room was like packed to the gills with people eager to hear this conversation. I was moderating between Danny and this author named Piper, Weiss. And I was like, Oh my gosh,

this is really awesome. Because a podcast seems like a you know, when you think about it, you don't think about all the in person, community at work, but it is at work, you just don't always see it. So once I could see it in front of me, it was just really vibrant and exciting.

M

Michelle Glogovac 17:21

And you work so hard with your show. And with reading all of the books, I want to talk about how you manage to read all of the books, because

Z

Zibby Owens 17:29

I do not read all of the books, I at least skim most of the books, I read some of the books, some percentage I read start to finish slowly. Like a real like I used to read. I have like another style of reading when I'm actually reading for prepping purposes. And I can speed read essentially a book and like, anywhere from half an hour to an hour and get everything I need out of the whole thing. Sometimes even 15 minutes, you get a lot out. I know you get a lot out, you know, I'm sure you probably do this in my book. So you know, I read that full but

M

Michelle Glogovac 18:10

I did there was no skimming.

Z

Zibby Owens 18:12

No, but it's okay. I feel like even books that I've skimmed, I've taken the time to like sit with and analyze. And like I know everything that happened and I gotten to know the author and I still get everything I just made me miss some of the words. So I still feel like I've gotten a lot of the benefit out of the books and can have an intelligent conversation about them. And you know, I just physically don't have time to read them all. So I do my best. And I'm scaling back a little in that I got some guest hosts to help me out this fall because I literally overscheduled myself so much that I was like this is not physically possible, especially given that, like 60% of my energy as well. Maybe 50% is going to the publishing house. So I scaled back that way. And I've like forced myself to not take on too many more until I can get through some of these. And I have like dozens and dozens that I haven't even released yet. So I don't know.

M

Michelle Glogovac 19:12

Well, and I know that you're skimming works, because when I first heard about you it was through a client who was a guest. And I said it was Jenny Nash. The book coach. Yeah. And I go, does she really read all the books? And she goes, Oh, whatever she did with mine, she knew it. She had her stuff down. Okay, that's interesting. Yeah, because I do take the I read the books of the authors that come on, and I know how much time and energy that goes into. But to hear it firsthand from a guest. I was like, okay, yeah, so I'm prepared,

Z

Zibby Owens 19:45

I'm prepared. And if it's a book, sometimes I have authors on. It's not the book that I'm like as excitement, nothing I'm not excited about but there's something about the author story that I really want to hear or is something about them that I am just dying to know more about or get to know or whatever. So in that case, my conversations, and you know, I mean conversations or organic things, you're not always in control of a conversation. I mean, I guess you're supposed to be on a podcast, but I like to just like have the conversations go. See? I don't know. So so. So some episodes are not as much deep dives into the actual book, and some are more like this. Earlier today, I interviewed Vanessa Riley. And I'm like, I want to hear about this 26 year old marriage of yours and why you guys are still smiling. Let's flip Can we please analyze this? Like, how do you do that? That was really interesting to me. So.

M

Michelle Glogovac 20:42

And I agree, I don't like to have, I like to pretend I have a direction for an interview. But then I say wherever it goes, I'm more than happy to because I think that's how it should go. Just as if we were meeting on the street, and we're like, Hey, what's going on, you know, chatting it up. And so, yeah, I love that and doesn't have to be focused on the book. But I want to mention the book. So that way we can sell it for you, you know, right. That's the goal. But I think that ultimately to get to know the other person. That's the fun part. Agreed. So, in regards to zubi books, what kind of books are you publishing? Are you looking for?

Z

Zibby Owens 21:23

We are publishing, upmarket commercial book, club, fiction, and memoir, which basically means really good books. Books that will not put you to sleep at night. You know, books that keep you turning pages have a strong sense of voice, a strong sense of place. They make you think and feel they make you feel connected. And there are all different types of books. So our first book is called My What if you're by Alicia Fernandez, Miranda, and she was a 40 year old, CEO of a philanthropic advisory fund with two kids, and she decided she would take a year off to pursue all the careers, she always wished and wondered what it would have been like to do. So she took a year off and did four internships in those fields. And she's hilarious and wrote all about it. And then the next one is called Women are the fiercest creatures. And that's about a tech, a male tech CEO and the women in his life who have not been treated fairly and on the cusp of the IPO and up banding together to make changes and things like so there's some thrillers, oh, not really thrillers. There's one like psychological suspense, I guess you call it. There's this book superbloom, which is hilarious about a massage therapist at a Vermont spa, who ends up collaborating with this romance author, and they get into all sorts of high jinks. And so I don't know, there are books that I my whole team has to love when we're reading like, we all have to be like, yes, this 100% And then we'll acquire a book.

M

Michelle Glogovac 23:04

And I'm sure that people are jumping at the chance now that you're publishing books. So you're probably inundated. A ridiculous amount, just as with the podcast, I can only imagine.

Z Zibby Owens 23:16
Yes, I wonder which I'm getting more pitches for still probably the podcast.

M Michelle Glogovac 23:22
Give it a minute. Yeah.

Z Zibby Owens 23:25
But but we're only doing 12 a year. And we've acquired 22 books already. So and we have like, honestly, six more in various stages of either you take another stab at this and get back to us, or we're waiting for something from someone or whatever. So we're doing that we can't take on that much more. I mean, we're always looking for great stuff, and we'll find ways but yeah,

M Michelle Glogovac 23:53
but it'll just play a loss band more.

Z Zibby Owens 23:55
Definitely a lot of work. Oh my gosh, we cannot do any more. We have I mean, we have this amazing team. And I love the people on my team so much. But it's taken a little bit to get here and we're all like so busy.

M Michelle Glogovac 24:09
Did you ever think that it would come the day where you're basically famous like family, know who you are know famous people know who you are. You talk to famous people like you're, you're a big dealzippy

Z Zibby Owens 24:20
You think famous people knowing who I am makes me famous?

M Michelle Glogovac 24:24
No, but people know who you are. You're getting out there. moms know who you are. You know, you're a persona. You people know who you are. And so yeah, I would consider you a famous person. You know,



Z

Zibby Owens 24:38

my kids will be thrilled to hear that. Are you famous and I'm like no sorry, guys.

M

Michelle Glogovac 24:43

See, and my kids think anyone who has a book is famous. So when yours arrived in the mail, I had read it on my Kindle already, but my daughter goes let me see her picture. Who Oh, okay. I like her hair. And what's her name like Zb Owens. Oh yeah. So you've talked about her. Okay, well, good luck with that. But they think that anyone who's written a book is a famous person. And I have taught them that if you get a book signed by the author, that's your treasure. So they know like, I've gotten yours isn't signed yet, but we will meet someday and it will be signed. Sorry about that. No life goals. I will get to the Hamptons to get it.

Z

Zibby Owens 25:25

Where are you based? Where?

M

Michelle Glogovac 25:26

San Jose, California, okay. So you can tell a lot.

Z

Zibby Owens 25:32

I'm in LA frequently, so I'm sure it's not too far.

M

Michelle Glogovac 25:35

It's a 45 minute flight. Yes. And I know that Kyle will want to you know, surf and whatnot. Let's talk about his stuff for a second too, because I know that in the book, you mentioned that, you know, he was a tennis coach, but he had these aspirations as well. That all came to fruition. And with the song and the car and the tears I read, I feel like I was right there with you.

Z

Zibby Owens 26:04

Yeah, it's crazy. He, when I met him, he was he, he excuse me, he had been not only like a tennis pro in the traditional sense, but also had coached women on the WHO WTA Tour. He had been a tournament director, he had run whole programs and, and was kind of getting to the end of his tennis career. He had just started like not, he said, he walked on the court one day and was just like, oh my gosh, I don't love this anymore. Then he had never felt that way. He had never for a minute and he played all day, every day for years. Crazy. But as we were getting to know each other, he was like, I really want to end up in entertainment. And I'm like, Uh, huh. Yeah. Okay, good luck that, yeah, like, like, that's not gonna happen. What else do you want to do? Like, I was trying to be like, What do you think about real estate or something more

achievable, that had a path because he was very much like, it's all just gonna happen organically. And I'm like, That is not the way the world works. You have to make a plan and and set the path and then do it. And it turned out, and he was like, No, this is how it's always worked for me. And I'm like, Alright, good luck. Next thing you know, I mean, not next thing it's taken. He started his business when I started my business, but through random meetings and tennis people he met on the tennis court and like he's, he's literally on a flight now on the way to the Toronto Film Festival, where his first movie, Wildflower is premiering. And it's already been pitched by The Hollywood Reporter is one of the 10 buzziest films at at at TIFF at Toronto Film Festival and amazing, it's so crazy. It's like, this never happens. All these things that are happening like never happened. I feel like there's just and he just welcomed it all in and has like great instincts and is very patient. None of these things I think are true for me. I am the opposite of patient. I want to my next thing I really want to do. Well, I'm starting this launching this magazine site very soon. But after that, I really want to start opening a bookstore too. And so I've been looking at different spots. And the broker I talked to was like, Well, if you're patient, you can get this spot. And I've already emailed him like 20 times. I'm like, actually, I'm not patient.

M

Michelle Glogovac 28:19

Bookstore in San Jose, it's a children's bookstore that just went up for sale. And I'm like, Oh, my husband is no, no, no.

Z

Zibby Owens 28:29

Yeah, I don't know. Maybe I should start with a pop up or something.

M

Michelle Glogovac 28:32

Oh, that would be fun. You could do multiple pop ups. And oh,

Z

Zibby Owens 28:36

yeah. Yeah. I need to focus on the things I've already started. I really love starting things. I love coming up with ideas and starting things. And yeah, I have. I loved

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Michelle Glogovac 28:48

how you jumped right into Kyle's family's business. You were like, Oh, I'll do this part. No problem. Let me help you with this part. And you that tends to be how you are. I feel like I'm very much the same way. I'm like, Oh, let me jump into the PTA. Let me just fix that for you. Let me just do this for you. And you know that we have a mayoral campaign going on. Like you guys, you really need to focus on this over here. Let me just help you with this. Yeah, you're probably

Z

Zibby Owens 29:15

right. Like, you're probably gonna have to take somebody who's like a step back to see all the issues clearly. Yeah, I don't know. I am like that, too. Yeah.

M

Michelle Glogovac 29:27

What else is on the list? Then besides pop ups and bookstores? What more can you do with books?

Z

Zibby Owens 29:34

Let's see. So I'm launching Zimmy mag, an online? What are we calling it a literary lifestyle destination? And I'm really excited about that. It's going to be like the town and country of the literary world. And it's a way to like bring back the glamour of being an author. And so we'll have essays like we used to have a mountain of time to write we'll have a whole book talk section with Excerpts and book reviews and things like that. We'll have a gathering section for virtual book club writing community retreats that we're going to start doing in person virtual classes that we're offering. And then we're doing what I'm most excited about. It's called the lit lifestyle section where I'll take a photo of, say, Danny Shapiro from that event, I was saying, one of my first events, and I'll put it up and we'll make it look like kind of like a magazine spread and and say, you know, it's October, do you know that Danny Shapiro has a new book coming out. Here's a picture of her at the beach retreat, dummies house, blah, blah, blah, like, Don't you just love her top, buy one just like it here and click here for this. Also, like, listen to her Danny's podcasts with Divi and buy her new book right here, you know, and maybe an excerpt from the podcast transcript or something like that. So just getting people and then another picture of her from like, the pin gala where I saw her so like, almost like, just like feature spreads. And I've had 1300 podcast guests so far. And I've done so many professional photos of like events that I've gone to, or that I've hosted over time. So even just with the stuff that's happened in the past, I have enough for so many features, and then thinking about going forward. So I'm really excited about that. My novel, as I mentioned, it's called blank, and that's supposed to come out in summer of 24. But I'm much more focused on the ones that I'm launching and scifi books. And then you never know. I mean, this morning, I was like I should write a book. My son's tooth fell out yesterday. And he was saying something about the Tooth Fairy this morning. And I was like, can you imagine being married to the tooth fairy? It's a terrible thing. Like she's jetting off every night into other people's bedrooms, like, yeah. And I was like, I should read a book called I married Tooth Fairy. And it could be like one of those funny Disney movies or something. So anyway, I don't know. I'm just like, I have ideas every day just don't have enough time.

M

Michelle Glogovac 32:00

I hope you're writing them all down. That's hilarious.

Z

Zibby Owens 32:03

I said, I should write that down. Actually, you should?

M Michelle Glogovac 32:06

If not, I'll just send you the transcript. I love it. Yeah, I can literally just sit and chat with you all day long. I like you. Can you share with everyone, all the places that they can find you or the easiest one that will direct them to everything else? Please.

Z Zibby Owens 32:27

You can either go to Instagram at Zippy Owens or go to Zippy owens.com. Love it soon, you can go to Zippy mag.com and see our new

M Michelle Glogovac 32:36

site. Yes, thank you so much. And

Z Zibby Owens 32:41

moms don't have time to read books, the podcast on any podcast app. Yeah, I'll stop there.

M Michelle Glogovac 32:48

Thank you so much. And book ends go by the

Z Zibby Owens 32:51

book ends go by book ends, book ends a memoir of love, loss and literature. And then if you get to the end, I include my email address. So I'll know if you actually got there or not.

M Michelle Glogovac 33:00

And she answers obviously,

Z Zibby Owens 33:03

your answer. I love it. That's the highlight of my day or is getting those messages.

M Michelle Glogovac 33:09

Thank you so much for coming on the show. I really appreciate it.

Z

Zibby Owens 33:12

I appreciate your having me. Thank you.

M

Michelle Glogovac 33:15

One of my favorite things about having the show and interviewing people that I've never met is to experience who they are on a one on one basis. And meeting Zibby getting to talk to her face to face, even over a computer was so terrific because she's genuinely a kind person. And I love that about her. I love that she doesn't think she's famous when I think she's a big deal. And as I shared my kids think she's a big deal, because she's got her picture on a book. And she's become something that is big, not just with her book and her podcast. But in admitting that as moms, there's a lot of stuff going on for us right having time to read a book, that that can be really comical. But we can make that time we can not only make the time to read a book, but we can make a time to launch a business. And ultimately, I personally think that moms, we can do anything, anything we want to anything we can put our minds to. And it doesn't matter if you have one kid or four kids like Zibby does. Take your time to read your book and find that time for yourself. I think that's an important lesson to learn from Zibby is to not wait for that time when things do get quiet or for the every other weekend. Carve that space out for yourself now. Right if you want to do the book reading, watch a TV show, do something that's going to further who you want to be and where you want to go. Let's not make the excuse that moms don't have time to do stuff because we can make time for what we truly find important to us. Until next week, friends, I want you to carve out just 15 minutes 15 minutes to do something that you want to do. It doesn't have to be reading a book. It doesn't have to be working out. It can be truly whatever it is you want to do 15 minutes and I guarantee you can do that in the week that you have ahead of you. Let me know what it is you decide to do and how you did it. I want to hear from you. So let me know in the DMS or send me an email. I believe you can find those 15 minutes because you deserve it.