

# #161 Alisha Miranda

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## SUMMARY KEYWORDS

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## SPEAKERS

Alisha Fernandez Miranda, Michelle Glogovac

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### M Michelle Glogovac 00:01

You're listening to the my simplified life podcast and this is episode number 161. Welcome to the my simplified life podcast, a place where you will learn that your past and even your present. Don't define your future. Regardless of what stage of life you're in, I want you to feel inspired and encouraged to pursue your dreams, simplify your life and start taking action today. I'm your host, Michelle Glogovac, and I'm excited to share my stories and life lessons with you will taking you on my own journey. This is my simplified life. Hey, friends, welcome back to another episode and Happy New Year. I'm your host, Michelle Glogovac. And today I could not think of a better way to kick off this new year than with my guest, Alicia Fernandez Miranda. She has her first book coming out in February called My What if year, it is such a good read. I was lucky enough to get to read this in 2022. Before it's launching next month. And it is all about how Alicia decided that she was kind of over doing what she did for her job. And she was going to take on a series of internships. And none of these internships at correlated to each other. They were completely different things totally out of her comfort zone. They brought her all around the world. And I felt you'll hear me say in the interview, but I felt like it was more of a suspense thriller than it was a memoir. Because I kept wondering what's going to happen next, what's she going to do? And I purposely told her, I was not looking at some of her posts on Instagram, because I didn't want to know what she ended up doing. I wanted to read it for myself. It was that good. She is I feel like talking to her is like talking to myself. So that's probably why I love her so much. She is absolute pure joy, and happiness. And she's going on this journey that I think so many of us want to go on. We become moms, we have careers, we hit 40. And we're wondering what if what if I did something else? What if there's more out there for me? And she actually took the bull by the horns and didn't just say what if she went out and experienced it? So I love our conversation. I know you are going to fall in love with Alicia too. She is just pure happiness. So enjoy your What if year. Hi, Alicia. Hi, Michelle. We're two smiley people here. I love. Yay, we have some to each other. I am just great. I'm so thrilled to get to actually meet you. And I've read your book and it's almost coming out. Can you take a moment to introduce yourself to everyone, please?

### A Alisha Fernandez Miranda 03:10

Absolutely. So I am Alicia Fernandez Miranda, and I am the author of my wife year, which is out

Absolutely. So I am Alicia Fernandez Miranda, and I am the author of my wife year, which is out on February 7 2023. From zibby books.

M Michelle Glogovac 03:20

Every time I see your name or hear it I think of Lin Manuel. You know what I'm talking about? No, no relation?

A Alisha Fernandez Miranda 03:30

No relation, but I've always like oh, Lin Manuel Miranda, is that it? Is that his Yes.

M Michelle Glogovac 03:35

Yes, yes. Every time I see your name, I think of him.

A Alisha Fernandez Miranda 03:38

So it's funny. It's my husband. So Fernandez is my maiden name. And Miranda is my married last name. And it's like a really common name. It's like, you know, for Spanish and Portuguese peoples kind of like Smith. So it is very funny. And people in the UK where I live are always like, Can I have your last name? I'm sayin Miranda said no, your last name. I'm like, Miranda. It's my last name. So yes, but that's being associated with linen anyway, is certainly no hardship. So I'll take it.

M Michelle Glogovac 04:09

I love it. I just have to put that out there because it keeps coming up in my head. So I was like, do I say that? Don't I say that? I don't it doesn't matter.

A Alisha Fernandez Miranda 04:16

If we have time I'll grab some Hamilton lyrics for you if you want.

M Michelle Glogovac 04:20

Oh, that would be amazing. I do. I like you. I knew it. I like you more and more. Your book. My What if year, I love that. I love and I feel really bad for you that you started this journey before COVID. And then COVID. Just poof, came because that really sucks.

A Alisha Fernandez Miranda 04:41

It was a curveball, that's for sure.

M

Michelle Glogovac 04:43

So share with everybody what it is that this journey you started on is about since I know but those listening probably aren't privileged enough yet to have read the book but they're going to

A

Alisha Fernandez Miranda 04:55

I cannot wait. Yeah, definitely. And it's funny because I've been thinking a lot lately. about how different my journey might have been if COVID hadn't happened. And I don't know, I'm pretty happy with how things have ended up. So in a way, there were probably elements of having that additional challenge in place that made certain parts of it real. So I just tell you what it is first before I kind of go into that, but I'm so flashback to 2019, I was living in London, I was the CEO of a consulting firm that I had set up with my husband working on the kind of philanthropy and social impact space. So with people like the Gates Foundation, and UN Women and big companies all kind of around their social good. And that's what I had done my whole career pretty much to kids, you know, Instagrammable, French Bulldog, like on paper, very, you know, I achieved all the things that I had set out to do in my life, I was leading my own company, I was happily married, and all of this had happened. And I was going to turn 40 in the coming months, slash, you know, like, 18 months, and I found myself just really, really unhappy. And I could not figure out why I had everything I was supposed to have. And yet, it wasn't enough. And I was really nagged by this question of what if, and what else? Like, is this it? Am I going to turn 40? Is this just what my life is going to be every day? Why aren't I happy, I felt horribly guilty that I wasn't happy with everything that I had, because I obviously should have been, I was in such a privileged position. And I kind of landed on this idea, which was born from my longtime love of musical theater and my constant desire to like, be involved in any capacity. And I sort of had this like, very sort of flippant idea, like, what if I go be an intern on a musical and I could get people coffee, and I can fold playbills. And I'll do it all for free. And they would just let me sit in on rehearsal and like, experience what this life would be like. And I would constantly think that and then do absolutely nothing with it. And the idea started to evolve. Over time, I sort of mentioned it over drinks to a couple girlfriends, they were like, oh, you should turn this into a whole thing. You can be a 40 year old intern, you can go do all of these different jobs, and you know, try all the jobs you wanted to do. And so after much deliberation, thinking I couldn't do it. Being absolute sure I couldn't do it, then thinking maybe I could do it, planning. arranging my whole life in place, I decided I was going to do this. And I left London for New York for my first internship, which was shadowing an Off Broadway and a Broadway show on February 29 2020. So timeline wise, as you've already said, you can sort of imagine what happened next. But somehow, I managed to complete three other internships, some in the middle of lockdown some around it, and really had this like extraordinary experience that completely changed my life.

M

Michelle Glogovac 07:58

I love that it's a memoir. And yet for me it was suspense. Because I kept going, Oh, no, she's not going to make it home. She will not get on a plane, she will be stuck in America during all of COVID. And that's what kept coming up for me throughout the book. And then I was like, Oh,

what is she going to end up doing? What will happen next? Where will she go? And I think I even messaged you before I finished the book of I don't want to know what you're doing right now. I want it to be a surprise.

A

Alisha Fernandez Miranda 08:28

All right, it was no spoilers. I'm very glad. You know, very quickly, this could have turned around and been a whole different genre, we could have written it as a, you know, pandemic horror book now might have been something entirely different. Maybe that'll be my next book. Who knows?

M

Michelle Glogovac 08:43

I think that this is a very common theme for a lot of women. I'm now in my 40s. Once I had kids, I was like, There's got to be something else. What else can I be doing? Should I be doing? You know, not just for myself, but for them for the rest of the world? And I think for many a you even mentioned this in the book that you know, you you're privileged enough to have this opportunity to go do this. Your husband stepped up and took care of your twins. I'm not sure how many would be like, yeah, go work for free somewhere else. On the other side of the world, that's no problem. But then to experience the different experiences, because you took different internships, all based on your connections, your network, so that's obviously important. Everyone needs to remember to do that and keep them alive. But you know, what would you tell someone that doesn't feel like they could do this? Based on their situation?

A

Alisha Fernandez Miranda 09:40

Yeah. I mean, there are absolutely real limitations, I think that are in place for many people. There are also many imagined limitations that I think people do have and certainly that I had when I first started out, kind of thinking about this. So the first thing I would say is I would not necessarily recommend that Everybody needs to go and to do a series of unpaid internships during a global pandemic around the world. I think that was my journey to figuring out how I was going to pivot and change. And that experience doesn't need to be everybody's a friend of mine recently described, she, she was kind of answering this question for me. And she said, you know, people can kind of micro dose on this sort of experience, you don't necessarily need to leave for two weeks or a month, or find an unpaid internship or leave your job, you know, a change, or a pivot does not have to be 180 degrees, immediately, I think there are very small things that people can do, that women can do, that women our age can do that can really start, you know, pivoting little by little by little a few degrees at a time, in a way that feels comfortable and safe and secure, without necessarily having to do do exactly what I did. Now, I loved my experience, it was wild, it was a lot of fun. I was very, very lucky in a lot of different ways that I had my husband to support and watch the kids that I was running my own business. And so I could take time off without having to ask anybody for permission. You know, and that I wanted to do this so much that I could put in the time and energy to you know, sometimes work before anything started in the morning and in the evenings before bed, and, you know, try to maintain all of the things that I needed to maintain to keep my life going. But I think there

are so many new experiences, things that are scary things that are out of our comfort zone that we can do a little bit at a time. And I think you can look back and see you've actually come a really long way by taking kind of small steps.

M

Michelle Glogovac 11:39

I think it's also interesting that you did these things that were totally new to you, you know, going in and a Broadway shows, you didn't really know what went on behind the scenes, but you knew that you could fill the water jug, and you weren't afraid to do it, and to just get your feet wet. You know, the social media and the aerobics and all of that fun stuff you just went in. And I think that for so many. It's I don't want to say it's taking like a step back from where you were, but not being afraid to just put yourself out there and start from the beginning. And you know, it was almost like there were parts where you were a 16 year old getting your first job. And that was great, though, because I think we take that for granted when we're 16. And life is simple.

A

Alisha Fernandez Miranda 12:29

Absolutely. And I think there were so many things that I was able to do and experience and appreciate with a little bit more maturity and some more years under my belt than I had when I had been an intern before. So when I was 18 I interned at Ocean Drive magazine in Miami, I was really interested in magazine journalism, I thought that was going to be my career. And that was what I was going to do. I was editor the school newspaper, you know, one of those very type a people. And I went to internet this kind of lifestyle fashion magazine that was mostly ads. And, you know, I was like terrified every day that I was there, I was really afraid of messing stuff up. Even though my job was filing slides of celebrity photographs, there would be like 100 pictures of you know, Jessica Simpson like leaving the mall. And I would have to file them in the right order. And you know, the date that she was there, this was all like very analog. So it's not like it was very high stakes job. But it was scary. A lot of times I was too afraid to ask questions like, I, if I didn't understand something, I would just try to get on with it anyway, because I didn't want people to think I was dumb or that they had, you know, they had not, they'd made a mistake by bringing me on. And I didn't put myself into different situations, because I didn't want to be in people's way. And you know, I mean, all of those, like classic things that frankly, I think, you know, I was still doing in my 30s It's not like I just kind of got better at all of that. But certainly coming into this experience with a few more years under my belt and some more, you know, kind of life experience behind me, it enabled me to when you know, people would throw around vocabulary words all the time that I had never heard of. And so I would just say I'm so sorry, I don't know what that means. Can you explain that to me? I once had a friend told me you know, you're a pretty smart person. If someone says something and you don't understand it, they probably need to explain it better. You don't need to immediately assume that you're just dumb and you can't get it. And that's like advices lived with me forever. So I asked a lot of questions. I volunteered for stuff. I did things that maybe I would have thought you know, this is not this is something somebody else should do. For me. I filed a love filing I did so much filing across the course of my internships. I get a lot of joy in alphabetizing things. And, you know, I just sat there like I had a day in the office of the theatre company filing for them and I learned more about the business doing that than I didn't, you know, hours and hours of rehearsals now. I enjoyed the rehearsals a lot but you know, it was just it was this incredible opportunity to learn and there was a lot of humility. I made a lot of

mistakes. If I did ask a lot of stupid questions, as all of my bosses will tell you, but that's okay. I'm so glad I did that I would not have learned anywhere near as much or have that kind of experience if I had just done what I did at 17 or 18, and sat in the corner like a wild, wild flower, and just wallflower, wallflower, and hope that no one noticed me and that I didn't mess up.

**M** Michelle Glogovac 15:19

Well, and I love it. You mentioned that on the art internship as well, with the words that you didn't know. And what's the one? The raisonette that's one

**A** Alisha Fernandez Miranda 15:28

raisonnÃ© I know that word now.

**M** Michelle Glogovac 15:32

I'll always think of raisonette now though, because of you.

**A** Alisha Fernandez Miranda 15:36

I'm very glad there. So I mean, every industry, every career is full of its own weird quirks and kind of opaque things and things you would never know about by just seeing it from the outside. And since I started my podcast, quit your day job I have interviewed now, think among 30 Something people work in all kinds of different jobs. And I learned something new every single time because there's always something that you don't know. And I think when people work a long time in one field, it's not that they want to close you up, but they kind of forget, like they forget what it was like to not know everything. And part of the privileges doing these internships was that I got to remember what it was like to not know everything, I got to remember what it felt like to be nervous that I was going to get something wrong, or that I was going to drop something or spill something on myself, which I did all the time. But that felt really good. It was like a like a jolt, you know, it really energized me out of a place where I think I had felt really stuck. And like, things were just kind of the same. And everyday was the same and every day was going to be the same. And I needed to feel bad at stuff that was like It turned out that was something I was kind of missing from my life.

**M** Michelle Glogovac 16:46

And I love also you had four internships, we've got the Broadway one, the art, social media, and working out and compare. I love it comparing different workouts and who's doing what and how are they promoting it? And then there was the bed and breakfast. Is that what we call it. Kinloch.

**A** Alisha Fernandez Miranda 17:03

the hotel? Yeah,

M

Michelle Glogovac 17:05

what was your favorite?

A

Alisha Fernandez Miranda 17:09

I mean, it's got to be Broadway, I think because that experience was it was like it gives you Majan like dreaming about something your whole life and then experience getting you think it would be a letdown. But it just was not like it was, every time I went into rehearsal, it didn't matter what I was doing. Usually, I was like sharpening pencils or filling up the water jug. As you said, I was cleaning up people's like eatin apple cores from the floor. You know, it just it didn't matter. Because that magic of the theater, I love that I feel so passionate about that. And so that was just a joy. And you know, you'll read the book, you've read the book, people will read the book, and they'll see I was like, after I kind of got out of an uncomfortable living situation. I was like living in a hotel with a cake shop in the lobby. My kids and my husband were on the other side of the ocean, I was in complete denial that the pandemic was ever going to happen. I was sure sure that everybody was blowing everything out of proportion. And, you know, I was like, this is all gonna be fine. Really? Like, what what is what is this anyway? And, you know, I mean, what a joy to be able to do that after having kids after getting married, I was on my own. In New York, it was just like a dream. It still feels like a dream. Sometimes Sometimes I really can't even like when I think about the fact that I got to do that. Even though it was cut short. I just feel like wow, like that's like really living to do. So that was my favorite. For sure. But I love them all. In different ways. They all taught me so much. They all made me feel so many emotions, including humiliation sometimes, like it was a great it was a great thing. It's very hard. It's like trying to pick your favorite child like I just I really loved them.

M

Michelle Glogovac 18:51

We all have a favorite now. I loved the the time that you spent at the Inn because I don't know I was telling my husband this the other day that I keep finding throughout Instagram, it's like this common theme of whatever you're dreaming of, is really the feeling that you're after. It's not the thing that you want the house that you really want the ocean that is relaxing to you, all of that kind of thing. And so I think that for you to be in this remote location by the water, there's fireplaces going and everyone's outside to have their cocktails because that's the law right now. I was like, This is heaven. I want to go work there. And I literally googled the place.

A

Alisha Fernandez Miranda 19:39

I think they're hiring Michelle. I mean literally like you could maybe make that happen.

M

Michelle Glogovac 19:44

No, I told I told my husband all about you about the book. I'm like, yeah, here's where this place is. Maybe we should visit maybe we should just move. I could be your neighbor someday.

is. Maybe we should visit maybe we should just move. I could be your neighbor someday.

A

Alisha Fernandez Miranda 19:57

That would be fantastic. Then when people said you know Are the Americans down on slate? It wouldn't just be my husband and I people. That would be awesome. Yeah. Oh, could be Michelle.

M

Michelle Glogovac 20:06

Yeah, yeah. Okay, I'm gonna, I think I did look at real estate. So I'm gonna get on that search some more.

A

Alisha Fernandez Miranda 20:14

But I think is a magical place.

M

Michelle Glogovac 20:16

Well, and in the beginning before you even bought the place where you are, you said that you went on this little dinky boat and you and your husband and the kids went to this remote island and it happened to be Richard Branson sisters Island. And again, I was like, Oh my gosh, I was just on Richards Island this year, too. And I had to take a boat out to the middle of nowhere, it must be a Branson family. But again, it's like and it was totally remote. And like we did have internet, but it was like turned off type of stuff. And that just being there that I was like, This is what I need more of, and then you go off and buy a place nearby.

A

Alisha Fernandez Miranda 20:55

That was like a it was a decision that my husband and I made over lunch, like a boozy lunch, I think was our anniversary, we'd gone to lunch. I think we make our best decisions where we've had a few drinks, at least my husband and I do. But that's so it's so insightful that you say that I think that is 100% true, I think that it is trying to capture that feeling that we're all seeking and that we're all looking for, you know, I found a diary that I kept from my very first trip to the UK, which was in 2001. And I volunteered at this summer camp in the Northeast of England because I had no I was broke. And my parents were like, we're not paying for you to go abroad this summer, like get a job. I was like, Fine, I'm gonna get a volunteer job. I like sign up for this. I don't even know if these things exist anymore. But you paid them like \$200 and you've got a volunteer placement. And then for three weeks, they paid your room and board and an exchange, you give them your hard labor. So I came to the UK and I kept an extremely diligent Journal of like, every single day. And as I was reading it, I was, like dawned on me that the reason you know, people always ask like, Well, why did you move to the UK in the first place? And why we've been here for so long. And especially in the winter, they ask that question when they hear I'm from Miami. And, you know, I realized, like reading this diary that it was because there was this feeling that I got when I was here of being different and foreign. And from

somewhere else. I love feeling special. I loved feeling like I didn't know how everything worked and who everybody was and what all the rules were. And, you know, I was reading this from like this missive from my 19 year old self. And just thinking, Oh, that's why I've been here for so long. That's why I've stayed abroad. That's why I ended up in sky and went on that vacation is about capturing that feeling and being somewhere that feels just like slightly uncomfortable. And then making it your own. And I probably am going to be chasing that my whole life to My poor husband chagrin. He's like, why can't we just stay in one place? I'm like, or we could go everywhere.

M

Michelle Glogovac 23:00

I'm the same way my husband's born raised here in San Jose. He's never moved, where I was like, Yeah, from college, I left and then I moved here. And then I moved here. And then I moved to Texas. And then I moved to Illinois. And then I came back here and I'm like, where are we going? I'm fine. We can go wherever you know. And he's like, a little more hesitant why let's let's move to Ireland. Let's move let's let's go somewhere else. Let's go to the Caribbean. Let's go to Hawaii. Yeah, it's definitely this seeking of what else is out there. At the same time, I want roots. But I think that we can create that, you know, wherever we are. And then you have friends and all of these places to you know, I have friends now all around the country, because I've lived all around versus you know, everybody's here. I like to expand, then you have somewhere to stay when you visit them.

A

Alisha Fernandez Miranda 23:49

Exactly. This is why it's very good to travel. You always have some of you make friends and you have somewhere to visit. No, no, I'm really I'm really with you. I think it will be interesting to see, I think my husband is as we get older, he's more and more on the side of desiring to stay still. And I have definitely like so I want to travel. And I want to be with people all the time, everywhere. And that's actually been one of the exciting things kind of writing this and coming you know, I mean, I'm not sure we're out of the pandemic, but at least the most, you know, intense stage of it at the beginning where there wasn't a lot of knowledge and there weren't vaccines and treatments and stuff like that is like now I feel like when you go to a gathering of people, especially lucky to go to these different, you know, gatherings of women and start talking about the book and I've got a few more exciting things on top for next year. Like people are just so happy to be together to be socializing to be in community in person again. And there was definitely like points of COVID where I just thought maybe this is what life is going to be like forever. Now we're all just inside and we do everything on Zoom. And that would kind of suck but um, right. We'll just get accustomed to it but it just feels like everyone is going hard. Right? On kind of being present being with each other, and I'm very, very here for that.

M

Michelle Glogovac 25:05

I completely agree. And as you say that I remember, we always have a once a month, like happy hour with this different groups of friends. And during COVID it was right around this time, Christmas 2020. Obviously, yeah, that we had not gotten together in like six months. And I was just like, this is horrific. And I remember texting one of the women, like, this just sucks. The kids are up the wall. I'm like, I can't believe it. And all of a sudden, on a Friday night, these cars

come down the court, and it's all of them. They have Christmas gifts, they have alcohol, they were like, we'll do it in the driveway. We don't care. And it was just that we need this togetherness and that interaction and people and I, you know, I'm a homebody, I have no problem, you know, staying here, but at the same time, I need some sort of an interaction. And not just on Zoom. It's not the same. It's exhausting on Zoom.

A Alisha Fernandez Miranda 26:00

I really can be but how nicely you have such good friends that did that for you. That's a great thing.

M Michelle Glogovac 26:04

Yeah. Yes. I love it. So what is next? You've got the book tour, and I'm waiting for more closer dates to come.

A Alisha Fernandez Miranda 26:13

I'm on it. I know I'm on it. I really well, I have both my brothers live in San Francisco. So they like just come to Northern California. I know. They're like very angry at me.

M Michelle Glogovac 26:24

Well, then I will join the camp.

A Alisha Fernandez Miranda 26:25

It will be I mean, see, this is why I'm like, I keep telling my husband I'm like this is phase one of the book tour he's like. But um, so I've got the book coming out in February, I'm going on tour, I'm gonna be in five, possibly six cities. One is still to be determined. And so now I'm spending my time being like, Okay, if I leave Houston at 11 o'clock at night and drive to I'm like, I like was on a map the other day, it's going something from the zibby books to you and say, Do you know how far Houston is from Los Angeles? They were like, Yeah, it's really, really far. So great. I mean, it's a long drive. It's like us. Yeah, took multiple days, not happening. We're not We're not driving that one. But so I've got book tour. I'm just so excited. I've got all of these activities planned that are very much aligned with the theme of the book, there's this dance class that I'm probably going to be unable to complete in New York with dance body. Now I'm gonna get my act together in January and like really trained for it, to launch at the strand, an event at Torres in New York, in Miami, I'm so happy to be being hosted by books and books where I worked as a teenager, which is like a classic Miami independent bookstore. And I've got a family fun event, which is the one thing my kids are the most excited about, because it includes laser tags. So that's like number one on their list. Going to New Orleans, we've got a Mardi Gras head dressmaking workshop, we've got a string quartet at a house concert at my uncle's house in Houston. So it's just I mean, basically, I'm planning a vacation for myself, and then inviting everybody who read the book to come along on vacation with me

M

**Michelle Glogovac 27:59**

I love it. So you have to come to San Francisco Come on!

A

**Alisha Fernandez Miranda 28:03**

it's definitely on the list is definitely on the list. So that's all happening. And then, you know, I'm working on a novel, which is really challenging. I have a draft, it needs a lot of work. But I would love to be able to get a fictional book out there in the world, it's a big challenge. So I am never one to not take on a challenge. So that's kind of happening in the background. And then, you know, as opposed to where I would have I've got some other work things going on with my various internship bosses that are still very much a part of my life. So I, you know, I put out a cookbook that I wrote for Kinloch Lodge, a 50th anniversary cookbook, that they asked me to write a bunch of essays for which I did and came out last summer. I'm still doing some work with Harry, my art boss, doing all kinds of you know, like, glamorous international trade, like wild things that I just still never know what I'm doing, but really, really enjoy. But I would say that I am trying to kind of be open, be present. This is like a big lesson for me for my internship, that it has been challenging not to slip back into my old ways of wanting to be like, Yep, I'm gonna plan everything. That's exactly what I'm gonna do. After the book, I'm going to do X, Y, and Z and, and instead of trying to just be like, You know what, like, in the spirit of this book, let's just see where the opportunities go. Let's meet some interesting people. Talk to new people. And see, let's see, let's see what happens and not necessarily plan everything out, which is exactly what pre 2020 Alisha would have done. So we'll see how long it lasts. But that is the aim. The aim is to just kind of be in this moment. See what opportunities arise because so far, since I have started letting these different opportunities that may not be the most obvious ones kind of come my way. I've gotten to do some extraordinary things. So I'm gonna I'm gonna go with that. I think for 2023 That's my goal.

M

**Michelle Glogovac 29:59**

I love it. And to think that a book came out of all of this as well, like, it's really full circle, almost full circle, you know, because you haven't completed the circle. But to have started on that journey of like, Okay, what if I did this? Well, I'm going to do all these internships and then I'm going to write about it. And then I'm going to be a podcast host. And now I'm gonna have all these multiple jobs. It's amazing, and it's exciting. I'm so excited for you. I think this is awesome. Like, yeah, give me some of that. Whatever, you got Mojo, coming =

A

**Alisha Fernandez Miranda 30:29**

Yeah I'm excited too. And you know, like, the podcast is a great example. I was, I would have never thought I would be hosting a podcast. And that was zibby kind of put out a call. She was like, do any of our authors have ideas for podcasts? I'm starting a podcast network. I was like, Yeah, I got a couple of ideas. Let's throw it out there. See what happens. And it's been such a joy like it is there is I just can't sometimes I'm on an episode recording an interview with somebody having a great time, or do something like this with you, Michelle, and I'm like, How is

this part of my job? Like, this is so freakin cool, honestly. So I'm just trying to enjoy and appreciate it. I seriously cannot believe I wrote a book I have not I don't have a physical copy yet. Because the mail has been on strike here for like, the whole month. So it's in the mail, I think I just I can't believe I'm gonna be able to hold a book that I wrote. That's like, still very surreal to me.

**M** Michelle Glogovac 31:20

But my kids think that I will have made it when I get into the library. That's a big one. That's their their like, so I've written a book. And we're pitching it right now to publishers. But they're like, oh, once you get in the library, that's it. Like forget selling it. Or number one, as long as I can get it in a library. I have made it in their eyes. So yeah, I hope it'll be my goal.

**A** Alisha Fernandez Miranda 31:47

I have joked with my kids that I might just get some copies and walk around the city and leave them in different bookstores and libraries

**M** Michelle Glogovac 31:57

I'll do it. I'll grab some copies and just put them in places for you over here.

**A** Alisha Fernandez Miranda 32:01

Perfect. Perfect. Yeah, that is pretty amazing goal.

**M** Michelle Glogovac 32:06

I love it. We'll get there. But fingers crossed. Yeah, next year. And then you can interview me? No,

**A** Alisha Fernandez Miranda 32:12

perfect. I can't wait.

**M** Michelle Glogovac 32:15

Where can everyone buy the book and preorder it you

**A** Alisha Fernandez Miranda 32:18

can preorder the book from my website, which is Alicia F miranda.com. That's a li SHA, not the

typical way to spell alisha. And you can actually find my What if you're everywhere you buy books right now. So it's on bookshop.org, your local independent bookstore should have it online. Amazon is selling it. And I recorded the audiobook myself. That was a real, real entertaining few days. So if you're an audiobook fan, I also recommend that one it's going to be kind of like this conversation, but actually just the book. So yes. And you can find me on Instagram at alishafMiranda as well.

M

Michelle Glogovac 32:53

I love it. And I think that this will come out in the new year. I think this is gonna be the first episode. And to me, it's like perfect New Year material of make this year what if you're for everybody,

A

Alisha Fernandez Miranda 33:05

I really hope honestly, to me, that would be the most wonderful thing. If people read my story, and they decide to do something maybe they didn't think they could do or they had never tried or they've been afraid to do doesn't necessarily have to be an internship. Although I'm very excited for the people who are telling me they're taking on internships doing things that they always dreamed about. What it's just nothing could warm my heart more, I think than hearing stories like that.

M

Michelle Glogovac 33:32

I love it. I love you. I'm so happy. Thank you so much for joining me and congratulations on your book.

A

Alisha Fernandez Miranda 33:39

Thank you so much. Thank you for reading it. Thank you for having me on.

M

Michelle Glogovac 33:43

I am still smiling hours after talking to alisha and I totally flubbed up my Instagram story post about our conversation because it was just laughable. We had so much fun together. And I can't wait to meet her in real life and not just through a monitor screen. She is exactly the example of what we shall be doing. We need to stop just asking what if and wondering and fantasizing but actually going out and doing it. What if you volunteered to do a job for an hour to a week that you are wondering about? What if you decided to launch that business? What if you decided to go after those goals? Those dreams that dream house? That property that you want by the beach talking to myself? What if you just went out and did it? What if you stopped wondering and you chased after it? What if you thought about why you want to be doing these things? Like I mentioned in my conversation with Alicia, what is it that we want out of buying the beach home? Is it the relaxation? Is it We want to be more organized. What is it that we want more of? What's so different? What if you realized and recognized what that exactly is? I

think these are great questions to be asking ourselves as we start this new year. Instead of having resolutions of losing pounds or you know only having one glass of wine a week or something. What if you went after your goals? What if you went and discovered what you're meant to be doing? I challenge you all to find your what if. Make this your year of what if and please go by Alisha's book. If you can find her on her book tour. Go meet her because she is amazing and you will be smiling from ear to ear I promise you that. now let's all go out and make this our years of what if.