

# #167 Discovering Ease While Growing Your Business with Allys...

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## SUMMARY KEYWORDS

life, people, humans, allison, world, pimp, joy, pandemic, find, agree, calling, talk, consciousness, energetic waves, thought, energies, moment, money, stepping, gift

## SPEAKERS

Michelle Glogovac, Allyson Byrd

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**M** Michelle Glogovac 00:00

You're listening to the mind simplified life podcast and this is episode number 167. Welcome to the mind simplified life podcast, a place where you will learn that your past and even your present. Don't define your future. Regardless of what stage of life you're in, I want you to feel inspired and encouraged to pursue your dreams, simplify your life and start taking action today. I'm your host, Michelle Glogovac, and I'm excited to share my stories and life lessons with you will take you on my own journey. This is my simplified life. Hey, friends, welcome back to another episode. I'm your host, Michelle Glogovac, have you ever thought about how your mindset works? When it comes to money? What else is involved in your world? And what can propel you forward? And that sort of a thing? Well, those answers we will have for you today, because my guest is money mindset strategist, Allison bird. Allison has been everywhere, like literally CNN, Forbes, top 100 podcasts. She is everywhere. She's on Tony Robbins stage. She's helping men and women get their mindset, right, get to the next level when it comes to scaling for the next big thing that's going on in their life. And it's not just mindset, there is an intuitive part to her. And she uses that ability, that talent, that gift. There's all kinds of different mechanisms and tools that she uses that only Allison can bring to the table, which I find so utterly fascinating. I think you're really gonna enjoy this conversation that I had with her because we talk about so many things and how people are brought into your world at the right time, because they're meant to be right there with you, and how all of that works. So get ready for some amazing truth bombs. Some just sit back and oh, did you catch that kind of moments? I know for myself, I already went back and listened to parts of this interview because I wanted to hear her repeat herself. I took notes. It was awesome. And I know you're going to enjoy this. Hi, Allison.

**A** Allyson Byrd 02:39

Hey, girl.

M

Michelle Glogovac 02:41

I'm so excited to chat with you. It's been years as I was saying that we've been in each other's worlds, but it's the first freaking time we've gotten to talk to each other. So it won't be the last though I promised you.

A

Allyson Byrd 02:53

I received that. I think it's I think it's perfect timing. We're most aligned right now. That's why it happened.

M

Michelle Glogovac 03:00

I love that. I love that. Can you introduce yourself to everyone, please?

A

Allyson Byrd 03:04

Sure. I'm Alison. I'm Alex. More. There's more kind of like Will Ferrell. I can't remember what movie it was, wasn't it when he was Ron Burgundy? He's like, I'm kind of a big deal. Oh, yeah.

M

Michelle Glogovac 03:19

Yeah. My brother says that all the time. And I'm like you aren't? You're nothing really. But go ahead. And I think that so but you else and you are kind of a big deal.

A

Allyson Byrd 03:28

And your brother, we are the same big deal. But really, I remember when I stepped into personal development, I learned this sentence stem. And a sentence stem is where you start off the sentence. But it trails off into your own unique individualized answer. So the sentence stem is if you really knew me, you would know that I and then you finish it with several different things. So we can use my bio, which is phenomenal. I've worked fucking hard for that bio. So we could totally use my bio. But that's readable online. And when people are hearing me right now, I think they want to hear me not just my achievements and my accomplishments. If you really knew me, you would know that I stepped into the pandemic. Like most of the world, it was the beginning of the year. And I was charging ahead with my goals, my ambition. If you really knew me, you would know that I was setting those goals and led by that ambition, exhausted, I was overwhelmed, but I had put my overwhelm on the shelf. And so if you really knew me, you would know that every day I visited that overwhelm on the shelf I visited that. One day I won't be this overwhelmed one day I won't be this exhausted. And there must be a day where I get to retire into happiness. And so if you really knew me, you would know that next to overwhelm set one day, and also set happiness and also set joy and also said, so at the same time I was visiting this overwhelming feeling, I was also going, oh, one day, I get to open that jar and that jar and that jar. And so if you really knew me, you would know that when we were told to stay in place, and at home for, you know, they said a couple of

weeks at first I thought, thank God, I can breathe, it's going to be 14 days. And I think people will call me less, text me less, I think my business partner will demand less of me. I think it'll just give me a moment. And so once it was extended to 90 days, and then six months, and then a year, I changed my whole beingness. I worked out every single day of the week, I cooked my food every single day, I started singing again, I found rhythm in my hips and in my ankles again and started dancing. I stopped saying that's funny, and instead reclaimed my laugh. Like I had stopped laughing and I you know, something would be really funny. And I just go, that's funny, but my laugh was gone. And so if you really knew me, you know that since all of that I've become new, I sold my tech company. I released 70 pounds off of my body. I began to find that deep listener inside of myself that loved people, I started trending with the globe on I hate people. I hate going outside. I hate connecting with others. But the truth is my inner child and my highest self loved that. But I couldn't see the forest for the trees of my busyness that I had labeled success. I had labeled multimillion dollar business owner, I had labeled millionaire maker because people came to me for that Allison can make you a millionaire Allison can see your destiny, Allison can help you shape your message Allyssa can help you get to your first million or your next million. And so I was living up to the Forbes articles living up to USA Today living up to being on clubhouse app all the time. Instagram when I wasn't YouTube podcast, I was living up to everything that I told people I was. And now I was a victim of my own story. And so if you really knew me, you would know that today I am free. I am free of my biography. I am free of my curriculum vitae, my resume, I am free of needing to be referred by everyone. I am free of hosting the best events, the loudest events, the most sophisticated events, buying out the five star this and that. I did it and I loved it. And now I've graduated and what have I graduated into Allison, and I'm a person of harmony. I'm a person of so much peace, and so much joy. And I'm very grateful that I get to have conversations like this, wrapped in my cozy shawl and talking about things that matter. And hopefully being evidence for someone who is addicted to strategy, addicted to success. And knowing that divine order is calling them into soul, deeper significance, greater surrender, and that scary as fuck. And so now I'm the embodiment of that evidence that you can walk that bridge and you won't drown, the crocodiles will eat you. And you can have a life that you love, and it will love you back.

M

Michelle Glogovac 09:05

I absolutely love that I wasn't prepared for that at all. So thank you, I want to say I can feel the pressure that you were under with all of those titles. Because to be the person that everyone is going to go to because you're going to make me make a million. That's a lot of pressure for one person, when ultimately you don't have control over what someone else is going to do. But they're coming to you to make them a millionaire. That's crazy to me. It's absolutely crazy. And you are in your Instagram bio says you are the money mindset, you know person. And I know that there's some intuitiveness in there, which I'm so excited to talk about too. So what is it that you're doing now, that has created this freedom, this grace To this gratitude of what you're able to do now,

A

Allyson Byrd 10:06

what am I doing in my personal life? Or what am I doing in my career or

M

Michelle Glogovac 10:09

whatever you want to talk about? To get to where you are given all do us we need to know, oh

A

Allyson Byrd 10:17

my gosh, you know, the first thing that I that I recognized is that I decided to start dating. And I hadn't dated in a while, my psychic told me that I was going to really meet someone magical for my life. And so I thought, how was that gonna happen in a pandemic? Like, what, like, we have to be six feet apart, we have to take COVID Like, there's just so much that needs to happen. And it wasn't just simple swiping anymore. And she said, I don't know how it's gonna happen. And you don't know either trust it. I'm like, okay, so I ended up going out with this guy. And I liked him enough. And I've been through the pandemic, I hadn't had sex with anybody. So I'm like, You're the one you you're the winner. You win. You.

M

Michelle Glogovac 11:13

You're like, I liked him enough. Yeah, yeah, you'll do.

A

Allyson Byrd 11:17

You're the winner. You're you're you're the winner. And mind you here I was, hadn't had sex in over a year. And I'm with this man. And he is not making me happy in our happy moment. And I found myself Michel, about to pretend that he was a little voice went off in my mind that said, Okay, well, you can kind of be done with this. And you can probably get home by midnight, grab your vibrator, and then watch reruns of Frasier on Netflix, the night won't be totally lost. This is the negotiation in my mind. All the while the sounds coming out of my body are like this. But in my mind, I'm like, Yeah, I can what season do I want to rewatch?

M

Michelle Glogovac 12:22

No, don't settle.

A

Allyson Byrd 12:25

And that was it. That moment where I realized I had full power, to speak my truth, to ask for what I needed to guide his hand, his energy, his intention, his body, there was a part of me that wanted to please Him more. By erasing my own desires, there was a part in my psyche that said, if I speak up for what I need, he will feel less than and for whatever reason that's more important than all of us, the two of us, our energies, get to make something magical together, what the hell, what the hell. And it was in that moment of awakening, that I saw the cultural conditioning, that I had surrendered to that it led me to self abandonment, self eraser, a life of tolerance, that kept me over extended. And while living in the spotlight and living a life that a lot of people would admire, and cherish and respect. I didn't love it. And I was faking pleasure with my own universe. And you may call your source energies universe, God, Allah, Buddha, Christ consciousness, whatever it may be to you, I say the root is love. If we're all talking love, then we're talking the same thing. And I had been saying to the highest within me unhappy,

this so good. Give me more of this overwhelm. Give me more of the self denial. It's so good. And that was a lie. That was a lie. So it was that moment of awakening that shifted me. And so when you asked me, What do I do today? I keep myself as the highest authority in my own life. How do I do that? I live with pleasure as my purpose. If it doesn't give me pleasure, I'm not tapping into it. Oh, Allison, that's BS. We can't always be in pleasure. Well, I will tell you I just uncoupled from a gorgeous partner that I did manifests. My psychic was right. He came later he came about four months after that experience, and we just uncouple And that uncoupling has been painful to my soul, I thought we even in our sovereignty had forever in our recipe. And so stepping out of that hasn't been pleasure. But what has been the pleasure is that I know, it's either what I have, or something greater. That's the only way that I live. So if what I had gave me so much light, and gave me so much joy, then it is a worthy consequence, to move through the lessons of the pain, the untethering you know, the separation in order to become the type of human that can retain the expansive love that source energies are guiding me to. So the pleasure is in the consciousness, it is not in the doing, and that's where we get to separate. And I think we'll talk a little bit more about that. I'll leave it there, because that's quite a lot of information. But that's been my journey. And, and that's who I am. And, and I'm done faking it. And so I feel like that's what I'm calling out to the world. Who's done faking it. If you're done faking it, I'm your girl. I'm your minister. I'm, I'm your, your catalyst. I'm your confidant. I'm your source of wisdom. Because I'm done faking it to

M

Michelle Glogovac 16:31

Allah love it. And I love that you said that you're you're our minister, because I'm ready to say preach and take me to church. That's, I understand that, yeah. Hi. Keep it going. And I totally agree, because I've come to this realization for myself this past year of, for me, I called it the shiny object syndrome, but it was really Oh, you need me? Yes. I'm happy to be there. Oh, you need this. I can do that. Oh, there's no one else volunteering. I'll do that. No problem. It's me. It's me. And it was killing me. And it wasn't bringing me joy. And it wasn't bringing me pleasure. And so I've started saying, Nope, I quit this. I'm giving you my resignation. For this. Yes, it's a few months out. But you can find a replacement, because it's not bringing me joy. It's bringing me down. It's affecting my health. It's everything that you said. And I can find more pleasure in doing the work that I do, and getting paid for it. Then just volunteering for everything. So I think we all have that journey. It's just identifying what it is that's not bringing the pleasure, whether it is relationship, or it's a job, or volunteering or all of the other nonsense that goes on in our lives.

A

Allyson Byrd 17:40

I agree. I agree with you.

M

Michelle Glogovac 17:44

So are you still helping people become millionaires somehow?

A

Allyson Byrd 17:47

Do I actually. I really do. And it's such a joy filled agreement now. Because I know what I didn't

So I actually, I really do. And it's such a joy filled agreement now. Because I know what I didn't enjoy before is that my road to my own earnings, my road to my own sales, revenues. All of those things were so fatiguing and exhausting. And I would almost try to persuade people like are you sure? Don't you want something else? Like I would almost try to persuade them like you really don't want what I'm living. And what feels so good about this season, is that I want everybody to live as I'm living. I want ever i If I could be old school, Theodore Roosevelt and get on a something that the whole world could listen to at one time, I would be screaming this from the mountaintop this quality of life, this alignment, this ease this distillation of my mind and consciousness, the absence of overthinking the understanding of my insecurities, not running from them, but instead going, oh, oh, that is one of my insecurity. Oh, I've owned that one for a long time. You know, and talking about it with my friends. Can anyone help me unpack this? Has anyone healed from this insecurity? Are you noticing this within me? Are you willing to give me some feedback so that I can be greater for myself, like that kind of liberation? I want to scream it from the mountaintop. And so when you're that person, money comes to you with such ease, because humans want to be around the honesty, the clarity, the absence of static on the line. So yes, I do help people get to their first million or their next million but with grace with ease with joy and flow, and that sounds pie in the sky. For any human who has not tapped into their own self discipline, and their own self integrity. You will bypass ease all the time, because you will believe that work is the only way you can really garner your rewards.

**M** Michelle Glogovac 20:06

Absolutely. And I came from the corporate world. So that was what I thought, the more you work, the more success you get. And so you have to work and work and work. And when I started my own agency, it was like, Well, I got to work all the time. And charge \$100 A month was never going to get rich. Do you know how hard I had to work to pay the mortgage like

**A** Allyson Byrd 20:32

I've been there. I have many of those T shirts.

**M** Michelle Glogovac 20:36

And now it's like I, I what I think about every time this is funny, because I do take, I have to take stock of okay, this is too easy. I didn't I can go pick up my kids at 130. That's too easy. But then I think about well, who invented Safeway. He's obviously not checking everybody out. And it's okay. And he has no problem doing whatever he's doing. Now use it the same way as you're running themselves.

**A** Allyson Byrd 21:03

What I said no, you preach and Michelle.

**M** Michelle Glogovac 21:10

It's a hard lesson to learn though. It's such a hard pill to swallow to think, Okay, I'm making this

money. But I'm not working so hard. I mean, I am and I've got obviously, it's like I'm the brains behind, right. But there's that struggle of, well, if I'm making this kind of money, shouldn't I be not getting any kind of sleep? Shouldn't I not be available for a vacation? Shouldn't I, you know, my kids be like, abandoned per se. Because they have to work so hard to make this kind of money. And I think that's a real struggle for I would say most people until you realize and you get into that mindset, and I mean, I've had some great therapy. That's why I've gotten

A

Allyson Byrd 21:53

a man for therapy.

M

Michelle Glogovac 21:55

Yeah, you have to realize you don't have to extend yourself so far to the point of exhaustion in order to reap the benefits.

A

Allyson Byrd 22:06

I agree.

M

Michelle Glogovac 22:08

Maybe you can be a millionaire without doing it.

A

Allyson Byrd 22:11

I agree you can be a millionaire multimillionaire, you can be a thousandaire you can be 100 air. I think that too many of societal thinkers think that the only path to greatness is to have this excessive amount of money. And it wasn't until my family started really tapping into our healing lineage. And finding out how intuitive we are. You know, I My sister has a gift of mixing ointments and elixirs that she can just intuitively feel what what you need in order to heal yourself and make a balm for you, you know, that will take away pain, discomfort, energetic release through candles, like she just has that gift, I have a different gift. I have a gift of insight and intellect and future pacing, I can see the future I can reverse engineer you into who do you need to be now in order for that future to come into reality. People call it things like psychic or being a medium. But I'm deeper than that. And I'm not discrediting a psychic or a medium at all, I use them for my own life. When my dog asked me to leave my family and my dog energetically told me, I want a new family, I got a pet medium to help facilitate that transition. So that I could understand and he could understand and know that he was understood. And, and I use a psychic on a quarterly basis to take a look at the energetic waves that are coming into my space as a CEO. That also leads a lot of CEOs I've got to mitigate the risk of tumult and turmoil in my own life so that I can stay a pure channel. And as a pure channel, my clients come to me to master the energetic waves that it comes to leading the life of greatness. And greatness is anything beyond the matrix the day to day, I'm going to work on doing the same thing every day. I'm wishing on Sky daddy, that that a pot of gold is going to fall into my lap

somehow, some way. I've erased myself and I'm only in the rhythm and the rigor of the cult of average. I've been programmed away from abundance, which means I believe that what I have is what I have. Maybe I'll have a lucky break, get a couple of investment properties, and just be safe enough to coast in my return. Are men and you know, live a modestly good life? Like, that's just unfair. That's just listen to all those words I just said to explain mediocrity and right and our agreements with mediocrity. And it's like, what if? What if you did have something that was more beautiful? What if your life were more communal? What if you had more people to talk to about your hopes, your dreams, your ambitions? What if you had more insight and wisdom on how to raise your children and rear them with power instead of isolation and confusion, and depression and sadness? And what if your marriage had more openness, community and connection and peace? And what if your money was not just money? What if it was provision and you felt provided for? And what if that provision overflowed and felt like prosperity? And what if you had the opportunity to build water wells in third world countries or go to local schools in your community and say, I want to take care of all of the school supplies for anyone who needs it? Which by the way, I've done year, over year over a year, and it still surprises me that one school could be \$500? Like, how could these people be in need? And \$500? Is the answer. And how aren't there more of us storming the gates of these schools? Being that answer, when will easily go to a nice dinner for \$500? Those of us that can afford that? You know, why aren't we prioritizing that? Because excess and greed overwhelms us in this three dimensional realm. And I believe that Michelle, we are all being called away from Careers into calling we are we have found ourselves trapped between a dream and a job for too long. And now source energies is clearing the way and people are scared with the clearing, the clearing comes in marriages fading, the clearing comes in people ascending. You know, we don't say die in my family. But we say ascending to other dimensions. You know, the clearing comes when you get a sickness that slows you down enough to actually pay attention to what do you really want and desire in your life. And we want to bypass those moments. But those are really wonderful times where our prayers are being answered, that spirit is saying, you want this, alright, then let's take out of the way, what's taking up the space of the beauty, the bliss, the joy, the delight of life that you want. And so that's who I get to be now is I get to help humans that are successful in entrepreneurship, tethered to their strategies, instead, realign to their soul, live a life of significance, and stop searching for meaning and be the meaning for their own lives. You know?

M

Michelle Glogovac 28:00

Oh, that's a perfect quote. That's going up on a graphic right there. I couldn't agree more. I mean, it's part of why I got on the path of saying no, this year, I had a pulmonary embolism last July, and was in the hospital for five days, days within dying if I had not gone to the hospital. And ever since then, I have still had pain. And my doctor looks at me like, that ain't good. Two weeks ago, he's like, What do you mean, you still have pain. And as I started to release more, the pain went away, has not come back. And so I know that it's in releasing the stuff that I need to release that my body goes, yep, you're right. That was it. Keep going. And I think a lot of us, myself included, don't listen to our bodies to what's going on, that we're telling ourselves, this is what needs to be done. You got to do it. And instead, we just live with it. And oh, there's something wrong with me. But you know, suck it up, move on. But it's really we're telling ourselves, you got to make these moves and do these things in order to find the meaning I think so many, in these past few years, have realized that there isn't much meaning in what they're doing. I realized this well before the pandemic because I was selling jet fuel. I was keeping the rich in the sky and saving them pennies on their fuel. And I was like then I'm making a difference for my kids. That makes absolutely no difference for their world, besides



the fact that I get a paycheck. And it was in finally realizing that when I looked at them of what can I do to make the world a better place that I found meaning in what I do now. And it is not corporate aviation.

A

Allyson Byrd 29:45

I am so proud of you. I mean, that's a big that's a big plank to walk. And it's scary for so many humans. And now you get to be the personification that evidence of courage, of tenacity of Overcoming of, you know, I didn't die in the process, which is what we really do all fear is, Will I live after this decision. And so you want a very scary path. And dare I say still are because you're pioneering new consciousness in a world that celebrates cubic zirconia. You know, you and I are saying, Ah, I know that looks real. And I know it's in a setting that makes it dazzle and delight, but I am a diamond. And I want to be the real thing. And so I just celebrate you for being the real thing.

M

Michelle Glogovac 30:38

Thank you, that means so much. And I feel like you must have talked to my therapist last year.

A

Allyson Byrd 30:47

Just your highest self taken me in the air.

M

Michelle Glogovac 30:51

I love it. I love it. I love the because the word that keeps it's one of those words I hate, I hate this word. But everything you're saying is around this word, authenticity. It's that people use the word and I think if you use the word, then you're really not authentic. That's my thing. If you have to say I'm authentic, and you're not. But what people want is an authentic person. So to just show up and be yourself, is what people want. And it's so hard for some people to just do because you know, who's going to judge us and maybe I'll lose a follower. And I really don't care. Not to be all Rachel Hollis like, you don't like it like whatever. But if you don't agree with, you know, my stance on Black Lives Matter. I teach my children this, and we talk about it at a young age, if you don't agree with that, that I really don't care. We're not on the same wavelength, and we never will be and move on. So there are certain things that I don't care I do not care about if people disagree with me at all. And I think as you get older, and as you become a mother, for me, it was really a stepping into motherhood and just this protection, and the world has to be better. And they have to be better humans than what they're seeing around them. It's all of these things that we have to step into, that people are still afraid to step into.

A

Allyson Byrd 32:17

I see it too. Yeah, I see it too. And I think that one of the reasons why I'm so grateful that I've become this human is I used to dismiss that fear even within myself. I dismissed it, i Marginalized my own fear. And because I marginalized my fear, I discredited it, I devalued it.

And I remember recording my Amazon Prime special. And I was so nervous and so afraid. And I was trying to tell the people around me, I'm really scared to record this. Because once I record it, it's on a contract. It goes out into the world, I can never pull it back. And I it just gave me so much fear. And when I walked out onto that platform, I was viscerally shaking, I almost slid off of the stool I'm sitting on if you watch it, you will you can see it now that I'm describing it, but probably just at first glance, you'd be like oh, great, special. Allison. No, it was one of the worst 13 minutes of my life. And I say to anyone listening to me, don't marginalize your fear. If you're afraid, be afraid and find someone that will help you understand that fear. You know, we've referenced therapy a couple of times I've gone from traditional therapy into now I'm into somatic therapy. And I love that because I'm able to incorporate breathwork into my therapy sessions, I'm able to take visualizations into my therapy sessions, which really helps me because I'm a deep thinker. I'm a broad thinker. I'm a Gemini. I'm a manifesting generator in human design. I'm an Enneagram three. So some people would describe me as an overthinker. But I like to say it as a layer thinker, and a lot of us that are great we are and we've marginalized, so much of ourselves, trying to be what society would approve, and trying to be what our family and friends could understand. But we are meant to be different, and we must risk being misunderstood. So that we can To reflect new consciousness in our world that will help us heal. And that will help us reconcile to ourselves. And I'm grateful to be this person that gets to champion this now, and hold these conversations and host retreats and do private sessions with humans that are walking this walk and aligning the tongue in their mouths with the tongue in their shoe, because they are not only worthy of a great high quality existence. But I believe we all came from the birthplace of worth itself. And once we can identify with that, our success becomes inevitable. And that takes away the pain in the center of our stomach, the migraines that encroach on our heads, the eye tics that come, you know, the acne that breaks out on our skin, the early dementia, that starts to come from thinking too many thoughts and multitasking, the need for a bump of cocaine just to keep you just enough focused just enough going, you know, the even overdoing personal development, you know, ice plunging all the time, and, you know, trying to outrun your demons, you know, we're in a three dimensional realm, your demons are going to be at every level, you're going to find a new devil. And it's up to you to learn how to tango and dance with that demon, as Tony Robbins would say, versus trying to annihilate and isolate parts of yourself, that are really meant to be here to be our teachers, and our guides into deeper sovereignty and being wisdom in the mirror first, and then out for the world. You know,

M

Michelle Glogovac 36:55

love it. I could sit here all day. You just keep talking to me all day long, please. I'm really pissed off that it took this many years for us to have a conversation. I'm like, is this good? Oh my gosh. It's perfect timing. Michelle, it's so perfect it Yeah, cuz we're gonna talk so much more from now on. I'm telling you, I'm warning you. Yes, Michelle in your life now.

A

Allyson Byrd 37:26

That's a good promise. That's a good promise.

M

Michelle Glogovac 37:30

You say that now.

A

Allyson Byrd 37:34

Let me just tell you something, I don't attract anyone that doesn't Delight me in my life. And I have a super funny story. I know we're a little over on time. But this guy asked me out recently, and I just kind of enjoyed his energy, he didn't look like someone that I would want to date. He didn't even have the mannerisms or the characteristics, but something about him just made me go. I want to see what you what's up. You know, I just, I just got to play with this. It feels like a universal bonus. And I feel like Mario Brothers sometimes in my life that I could just hit one of those little stones is in a mushroom might pop out, you know. And so I'm like, Just see. And I was sober making this decision, by the way, you know, so I wasn't micro dosing that day or anything. And I just pop that little, you know, the little shroom came out and we go on our date. And I say, so, you know, tell me what you do for a living and he's like, I'm a pimp. And I'm ready for the for the for the story. Like for the next like I was a pimp. And then consciousness awakened me through this really detrimental something. And now I live to save the pimps of the world. I'm ready, right for the TED Talk. And he's



39:06

like, there's no TED Talks lives there.

A

Allyson Byrd 39:08

We're there. This is his career. This is who you are every day and you're proud ups like you know, that little tick tock baby that's running into the room and you don't know what scares it, but it just starts running the other way. Like I was like, and it was such a great experience for five hours. I got to know a pimp. And I got to know his thought process. And he said to me and for anyone let me just say this because I do say this jokingly and so for anyone that's been harmed by someone in that career field. If that's the way you say that, please no, no part of me is endorsing that. We did not continue our relationship. That's not the kind of human that I want to be around. I accidentally Elite got into this scenario accidentally kind of on purpose. And he really blessed me with some of his consciousness and the way that he thought and I said to myself, I don't accidentally magnetize anyone. So there's something here for me to know, there's a darkness here that I would never have known. And I also never would have known the light inside of how he justifies his actions and his choices. So I say all of that to say, I only attract those people that are most aligned for me, and they bring me the highest joy and I bring them the highest joy. So bring it on the show Lesko.

M

Michelle Glogovac 40:43

I've got two thoughts on this. I think it's fascinating to meet people who have absolutely completely different backgrounds than we do. Because what are the chances that you will ever talk again, to a pimp? And to hear why behind the journey that got him to where he is today? Like, it's fascinating. We don't agree with it, obviously. But it's still fascinating to hear that story. And another point is last week, we were watching a rerun effects life. And that was

the one that 2d ran into a pimp. Because she went she escaped from her house and went to downtown. And then there was a pimp in the coffee shop that tried recruiter. So very weird that this is all coming

A

Allyson Byrd 41:29

together. I do not remember that episode, but I do. I didn't remember it

M

Michelle Glogovac 41:33

either. But I was like, Oh, I'm here for this one.

A

Allyson Byrd 41:35

Oh, my God, do you find it? I do. Remember that you take the good, you take the bad you take them both. And there you have the facts of life.

M

Michelle Glogovac 41:50

Do nobody, nobody's gonna understand how we came to this point?

A

Allyson Byrd 41:57

At all, it's the best and Dylan's gonna understand how I went on a date with a pimp that then said, Would you like to see my special on America's Most Wanted? What's up?

M

Michelle Glogovac 42:09

Because when do you meet someone like

A

Allyson Byrd 42:11

when someone comes out? And I said, Well, what happens that I serve my time. This is what happened. Oh, my God, it was it blew my mind. It absolutely blew my mind. And he was a very benevolent human being. And I just Yeah, I was I was very much in awe. But the Bible says, and somebody may give me flack for this, but I love this scripture. In the sacred texts, it says the gift and calling of God is without repentance. And what that means is that your gift, you can take it anywhere, it's up to you whether you're going to take that into the shadow, or you're going to take it into the light. And so I was really able to see that scripture lived out in that experience. And I'm very grateful to have that as a life experience in my in, you know, in my, in my vortex of experiences, and seeing humans and practicing, letting go of judgment, and really just being in the moment.

M

Michelle Glogovac 43:12

I love that. Yeah, I'm totally on board with that, because I Yes, we'll have more stories later. Yes, I love it. Where can people who now fall in love with you and are drawn to your magnetism find you please?

A

Allyson Byrd 43:25

Oh my gosh, well, I love Instagram. But I really believe that by the time this is released, I'll probably be in my Youtube world. I believe that I'm becoming a YouTuber. I'm finding that I've spent a lot of time with my teaching kind of gated, you know, behind coaching programs and things like that. And now I'm finding that I really do want to be a wise leader, you know, and in society, you are my

M

Michelle Glogovac 43:57

friend. Yeah, you already are. Yeah.

A

Allyson Byrd 44:01

So I think I'm gonna start hanging out on YouTube, and doing like a lot of YouTube Live teachings and things like that. And then of course, if you want to find out about stepping into an experience with me, you can go to [guidedbyallison.com](http://guidedbyallison.com). And just remember that my name has two L's and a y. And yeah, those are all the ways I think you can find me right now.

M

Michelle Glogovac 44:23

It'll all be in the show notes. So they don't have to remember how to spell your name, but I know how so that's. That's everything. Thank you so much.

A

Allyson Byrd 44:32

Thank you for including me and wanting me here. It means the world

M

Michelle Glogovac 44:36

of course. Okay, I know you're all singing the facts of life at this moment in time, and wow, was that a story about how listen reading a pimp? These aren't everyday things that happen in normal life, I would say. But I had such a great time chatting with Alison getting to know her after so many years. following each other, and just reading this new light of a human being, she's a great person. And I can't wait to learn more about what she can do with others and for others, and then it can be simple. It doesn't have to be hard. And when I say it doesn't have to be hard, I mean, you can put your head down like I did for many years. But then there will

come a time, where you have reached that point where there's ease in your life where things are set up properly, and you can enjoy and reap the rewards that you've worked so hard for. That's definitely a possibility for everybody listening. And it's working with people like Alison listening to her and what she can share and teach and preach is what can help all of us get to that next level. So this week, I want you to think about how you can go in with more ease, grace and calmness into your business, because it is possible, and I know it's possible for you, for me and for everybody else.